



Swifts Creek

P-12 SCHOOL

Courage, Joy, Kindness

NEWSLETTER

15th March 2023- Week 7 Term 1

Whole School dates to remember:

Wednesday 15th and Thursday 16th March– NAPLAN

Tambo Campus Dates to Remember

Tuesday 21st March– Year 7 camp

Thursday 30th March– East Gippsland Volleyball and Tennis

Principal's Message.

NAPLAN

What a great day for our students in Year's 3,5,7 and 9 with the NAPLAN period underway. As we are all well aware the Department has moved this period forward to support students in their learning journey.

Career Education

The Year 9 students will be undertaking the next stage of their career development next week as they complete the online Morrisby testing. The reality as we know it is many people have the pleasure of multiple careers in their lifetime. If you would like the opportunity to clarify information when it comes to careers, please contact our careers practitioner Ms Devries.

Snow program

As we race out of summer and commence autumn, we all know what is around the corner. It will not be long, and winter will be with us. That for our school does mean some planning for our snow sports program. If you are interested in being an assistant for this program, please get in contact with Mr Wickham as he will be the coordinator for our event in 2023.

School leaving age.

It has come to my attention that some people are not aware of the significant changes that the government made to the education act. The little piece below is from vic.gov.au website.

In Victoria, the law is:

- *Your child cannot leave schooling until they are 17 years old.*
- *Your child must go to a school campus (or an approved alternative) until they finish year 10.*
- *After year 10, your child does not need to go to a school campus. But they must take part in education, training or employment for at least 25 hours per week, until they are 17 years old.*

Robert Boucher

East Gippsland Swimming Carnival, Orbost

A team of the ten finest swimmers from Tambo Campus went down to compete in the Interschool Swimming Carnival at Orbost on Thursday, 2nd March, representing the school against the best from throughout East Gippsland.

Students involved were **Amelia Donchi & Lillie Hansson** (Year 7), **Max Darby, Jack Reid, & Beau Wrigley** (Year 9), and **Patrick Weaver, Lachlan Fleming, Ruby Newton, & Evie Walker** (Year 11).

All did their best in their events and represented the school well throughout the day with their competitiveness, behaviour, and cooperation. All involved also added to their house points tallies for the year.

Congratulations to those who gained places in their events, with those in the top two in any event also qualifying for the Gippsland Finals in Sale tomorrow. Placegetters were:

Ruby Newton: 1st in 16 Year Girls 50m Butterfly, 50m Backstroke, 50m Freestyle.

Evie Walker: 1st in 17 Year Girls 50m Backstroke, 3rd in 50m Backstroke.

Max Darby: 2nd in 15 Year Boys 50m Butterfly.

Lachie Fleming: 2nd in 17 Year Boys 50m Breaststroke.

Lillie Hansson: 3rd in 12-13 Year Girls 50m Backstroke.

Xavier Newton also qualified for four events in Sale based on his record-breaking times at our House Swimming Carnival, after missing the carnival due to being on the Year 8 Camp.

John O'Neill
Sports Coordinator



Leukaemia Foundation

WORLD'S GREATEST SHAVE™

I'd like to extend an invitation to the local community to join me in the fun and laughter of watching me getting my head shaved for "World's Greatest Shave" without all your generosity I wouldn't have made my goal.

I will be getting my head shaved on:

DATE: Friday 17th March

WHERE: Outside the front of the Swifts Creek Bakery

TIME: 9.30am

I will provide a light morning tea, first in best fed! Please feel free to drop by if you'd like to join the fun.





Swifts Creek Football Netball Club Inc.
PO Box 100, Swifts Creek VIC 3896 | Cassilis Rd, Swifts Creek |
Email: swiftscreeknfc@hotmail.com

Netball Training 2023

A & B Grade

Thursdays – 5.30pm
at the Tambo Campus,
Swifts Creek P-12 School, Swifts Creek.

Fridays – 5pm
at the Lucknow Netball Courts, Bairnsdale.

12/U's and 17/U's

Thursdays - 12/U and 17/U – 3.30pm
at the Tambo Campus,
Swifts Creek P-12 School, Swifts Creek.

For more information, contact:
Lou-anne Mooney - SCFNC Netball Coordinator
Phone: 0429 437 460 | Email: loumooney12@gmail.com

TONY'S TREK IS COMING YOUR WAY!

Tony Pearce, Chair of the Emergency Services Foundation and Victoria's Inspector General for Emergency Management, is embarking on a solo trek over 50 days, covering 1440kms in the areas worst affected by the 2019/20 black summer fires. Tony and ESF want to **raise awareness about the terrible toll emergency service work can take and raise funds to support programs such as:**

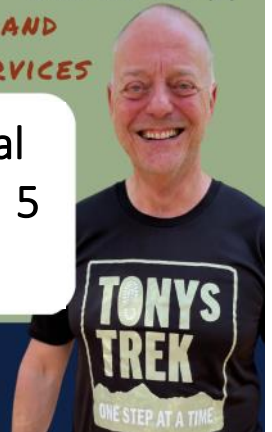
A lived experience program
Which could see ESF train mental health ambassadors from across the sector to safely share their stories of mental health injury and recovery. This would help to reduce the mental health stigma which pervades the sector and inhibits early help seeking when the chance of recovery is greatest.

An ambitious research program
That seeks through evidence to identify appropriate initiatives and strategies that could be developed by ESF to assist in reducing the likelihood that those in the early stages of their mental health journey will progress to suffer a significant mental injury.

A pilot residential wellbeing program
Which could bring together emergency workers who are mentally struggling, to help them address work related concerns and develop resilience skills supported by experts who completely understand their experiences. This would help them effectively self-manage and reduce the risk of developing serious mental health injury.

COME AND SUPPORT TONY AND YOUR LOCAL EMERGENCY SERVICES

Tony's estimated arrival time at Swifts Creek is 5 PM Tuesday 11th April



To donate funds raised go to www.esf.com.au/tonys-trek or use this QR code
For more information call Naomi @ ESF on 0421 118 656



Do you like to keep FIT? Do you want to get PAID for running around?



Come and join us at East Gippsland Umpires and be involved in the national game and help out our local community football! Opportunities to umpire in the Gippsland League, EGFNL, ODFNL and the Bairnsdale Junior association are available. We are seeking new field, boundary and goal umpires.



OUR HOME & TRAINING VENUE is at;

Bairnsdale City Oval, Macarthur Street, Bairnsdale

- We train on Wednesday nights from 6:00pm to 7:00pm. During the season we run a canteen where food can be purchased.
- No prior experience is required, all you need is a keen interest in having fun and running!
- We are seeking Field umpires in all age levels, from U/11's through to seniors. The incentives for umpiring a game range from \$40 - \$190, depending on the level umpired.
- Boundary umpires are required for U/16, U17.5, U/18 and seniors. The incentives range from \$35 - \$110 depending on the level umpired.
- Goal umpires are required for U/16, U/18 and Senior football. The incentives range from \$40 - \$80 depending on the level umpired.
- Come and join us for a run on a Wednesday night, YOU might ENJOY it!

CONTACTS

President - Damien Donohue

(0474512072)

Secretary - Tracey West

(0403504797)

Director of Umpiring - David Pachl

(0438530880)

The EGUA has an external and private Facebook page to keep in touch. Search up: East Gippsland Umpires.

Our Website

Home - East Gippsland Umpires

[Association - GameDay \(mygameday.app\)](http://Association - GameDay (mygameday.app))



PlayConnect Playgroup

Is a weekly facilitated playgroup for children aged 0-6 with autism spectrum disorder characteristics or a Developmental Delay.

This group is available to support families, their child, and siblings.

Your child does not need a diagnosis to attend

Wednesdays, 10.00am - 12.00pm

Uniting Church Bairnsdale
710 Lanes Road
Lucknow

Enquiries to Rose: 0409096587

Come along to connect with other families for information on services whilst participating with your child/children in activities specifically suited to children with additional needs.

Swifts Creek P-12 School Lunch Order List

Please have lunch orders in by 11.30am

Please be aware if there isn't enough money sent the items you have asked for may be exchanged for others, or not sent at all.

Pies:

Plain pies \$5.70

Variety Pies \$5.90

Sausage Roll \$4.20

Pasties \$5.70

One Sauce Free!

Any others \$0.40)

Toasted Sandwiches: Cheese \$4.80, Ham/Cheese \$5.20 (tomato \$6.00)

Toasted Croissants: Cheese \$4.80, Ham/Cheese \$5.20, Add tomato \$6.00
Nutella \$4.80

Salad Rolls/Sandwiches

Ham/Chicken Salad Roll: \$9.20

Salad Roll with Cheese: \$9.00

Salad wraps: \$9.00 with Meat \$9.50

Ham/Chicken Salad Sandwich: \$9.00

Salad Sandwich with Cheese: \$8.50

Steamed Dim Sims: \$1.20

Egg and Bacon Rolls: \$8.50 with Cheese \$9.00

Sweet Chilli Chicken Wraps: \$9.00 (Lettuce, Tomato, Mayo, Shredded Cheese, 2 x Sweet Chili Chicken Tenders) * **Half Wrap** \$7.50

Focaccias: Sweet Chilli Focaccia \$9.00

Satay Chicken: \$8.50

Chicken avocado \$8.50

Chicken relish, S/D tomato feta \$9.50

Cakes: Cup Cakes \$3.00 Jam Doughnuts \$3.60 Bee Stings \$4.80

Most Slices \$4.80 See in store for more variety

Drinks: Iced Teas \$4.90 Primas: \$2.50 Water 600ml \$4.00

Nippys Chocolate/Strawberry/Honeycomb/Coffee \$4.00