



NEWSLETTER

March 3rd 2021- Week 6 Term 1

Whole School Dates to Remember

March 8th Monday —Public Holiday

March 24th & 25th—Travelling Careers Roadshow

Tambo Campus Dates to Remember

March 3 Wednesday—Year 7 Barbeque

March 4 Thursday—Years 7-12 Qualifiers—East Gippsland
Swimming Carnival

March 5 Friday— OEd Excursion

March 9 Tuesday—VCE Excursion to Orbost SC

March 10th—12th—VCE Orientation Camp

Flagstaff Campus Dates to Remember

Friday 5th March— 13th Annual Triathlon 9:15am-
9:30am

Principal's Message

COVID latest from the Victorian Chief Health Officer:

In schools

- Face masks are recommended, but not mandatory, for use by staff, students and visitors when physical distancing of 1.5 metres cannot be maintained.
- People aged 12 years and over must always carry a face mask — unless they have a lawful exemption.
- People aged 12 years and over must wear a face mask when on public transport, school buses and when in taxis or ride share vehicles — unless they have a [lawful exemption](#).

All students, staff and visitors must stay away if unwell, and follow all other advice re hygiene and COVID safe practices, as explained on signs throughout the school.

Compass

We are continuing onboarding with the Compass attendance module, as explained in last week's newsletter. You will be sent your invitation for Compass in the coming weeks.

School Council

School Council for 2021 will require the process of nomination and, if necessary, election of some members as part of the cyclical renewal of Council membership from both the parent category and the staff category. Please watch out for the election notices, and give some thought to whether you would like to join this school governance body. Please talk to me if you would like to know more about what Council does, or look on our website to see who is currently on Council who you might like to speak to.

Robert Boucher

Reading & Sleeping Tips



Sleep and School-aged Children

Given the fact that time together for so many households starts at around 6 or 7 o'clock or even later in the evening on a school night, it can be tough to set an early bedtime. And since experts say school-age children roughly need about ten hours of sleep -- which means they need to go to bed around 8 or 9 o'clock -- that doesn't leave much time for anything besides dinner, homework and reading one short book chapter together.

But it can be particularly important for school students to get enough shut-eye.

Try this tip to help your child sleep well

- **Keep their room comfortable for sleeping.**
Bedrooms that are quiet, dark and cool are optimal for a good night's rest.

International Food—Yrs 8,9,10 Pathways Subject

Over the past couple of weeks, the girls have been very busy in the kitchen exploring cuisine from Vietnam and Italy. The general consensus for this week's recipe was the pizza and hot chocolate from Italy so here are the recipes for you to try at home. Enjoy!



HOMEMADE PEPPERONI PIZZA

Ingredients

Pizza Dough:

- 3 tsp active dry yeast
- 1 cup warm water, lukewarm not boiling
- 2.5 cups all-purpose flour, plus more for rolling dough
- 1 tsp salt
- 1 tsp olive oil

Pepperoni Pizza:

- 1/3 cup tomato sauce
- 2 cups shredded pizza mozzarella (low moisture mozzarella)
- 20-30 slices pizza pepperoni
- 1/4 cup grated parmesan
- 2 tsp olive oil
- 1 tsp dried basil
- 1 tsp ground black pepper

Instructions

Add yeast and water to a large mixing bowl (or the bowl of a stand-mixer). Stir once to activate yeast. Let sit for 5 minutes.

Add flour and salt and mix until a dough is formed (around 3 minutes of mixing). Add olive oil and mix until combined. Cover with a tea towel and let sit for 10-15 minutes to rise (just slightly).

While dough is rising, preheat oven to 450° F, grate cheese and prep other ingredients.

Have two baking sheets turned upside down and lightly dust with flour.

Divide dough into 2 parts and roll out to 1/8-1/4" thick on a floured surface. Transfer to baking sheets. Top each pizza with tomato sauce, mozzarella, pepperoni, parmesan, basil, and black pepper. Drizzle with olive oil.

Bake for 12-15 minutes or until cheese is bubbling and brown and the pizza's edges are browned and starting to crisp.

Garnish with fresh basil if desired. Allow to cool for 5 minutes before serving.



Forensic Science

- Did you know that the scientific name for fingerprints is 'Dermatoglyph'?
- Did you know that there are three different types of fingerprint patterns?
- Did you know that koalas have fingerprints too?

The students in Forensics Science learned all about fingerprints on Monday including how to take latent fingerprints from glasses and ceramics. Here's a couple of photos of what they did.

