



NEWSLETTER

16th November 2022 - Week 7 Term 4

Whole School dates to remember:

Thursday 15th December - Celebration Night (details to follow)

Flagstaff Campus Dates to Remember

Wednesday 16th November-Rotary Awards Yr6

Friday 18th November- Book club money due

Tambo Campus Dates to Remember

Principal's Message.

RATs

We have a significant number of RAT kits in the office if anyone would like some. Please let us know and we can send them home for you.

Great Vic Bike Ride

It's not long and our team will be heading off on the big ride. As part of the preparation for this there will be a chance for all to experience the joy of this event by participating in the 24 hrs spin-a-thon challenge. Please talk with Mr Barker if you would like to involve yourself in this activity.

Year 12 Dinner

Last night we had the opportunity for our Year 12 students of 2022 to celebrate with staff and their parents the end of thirteen years of formal education. It was fantastic to be able to celebrate with all those present the success of our students. When looking at some of the images that were shared it was obvious how much they have grown in such a short period of time.

Celebration Night 2022

As we head towards the end of what has been a very different year for all of us we do need to set aside some time to acknowledge the achievements of our students and find some time to express a little gratitude towards one another and bring the year to a close.

On Thursday 15 of December we will hold our Celebration Night following a format similar to previous years. The students at Flagstaff will share a performance on the big stage once we have completed a few formal presentations. There will be a meal break which will include catering for those families that are doubling up for both sessions then will proceed with the Tambo event.

Booklists 2023

I am aware that some people just love to be organised for what is coming next. As part of this we would like to just update where we are in the booklist process. Currently staff have refined the list and SchoolWorks Supplies are tweaking our requests. We are anticipating them being returned late next week so parents should have them the week after that which will be Week 9. It will assist both SchoolWorks and our office staff if parents can use the SchoolWorks portal for ordering. Julie is highly skilled and happy to assist with any issues using the portal. When all of this goes smoothly books will be available for collection on the 27 January, the day staff return but students are still enjoying their holiday.

Principal

Robert Boucher

Year 6 Rotary Awards

on
Wednesday 16th Nov (Tonight)
7pm
at the Uniting Church Bairnsdale
710 Lanes road, Lucknow

BOOK CLUB

Reminder

Book club orders and money please be in by Friday 18th November.
 Last One for the Year!



FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances. You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments**; your child has started or changed schools this year.
- **changed family circumstances**; such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.



MORE INFORMATION

For more information about CSEF visit:
<https://www.education.vic.gov.au/about/programs/Pages/csef.aspx>



THIS IS A DRUG, SMOKE AND ALCOHOL-FREE EVENT

YOUTH MASQUERADE

Saturday, November 19, 2022
 Omeo Soldiers Memorial Hall, Omeo
 Doors Open at 5:30 pm
 Doors Close at 10:00 pm
 12 - 18 years old

TICKETS AVAILABLE NOW

FREE FOOD

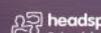
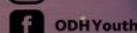
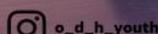


MOCKTAILS

DJ

PRIZES

TRANSPORT
 AVAILABLE



Spin your way to glory!

24 HOUR SPINATHON

BE PART OF THE YEAR'S BIGGEST SPIN EVENT!

Friday November 18th - 1pm

GET YOUR CREW TOGETHER AND SIGN UP AS A TEAM OR SIGN UP AS AN INDIVIDUAL AND LET US PUT YOU IN A TEAM! THE GOAL IS SIMPLE: WORK TOGETHER AND RIDE AS FAR AS YOU CAN IN 24 HOURS.

TEAM ENTRY (6-12 MEMBERS): \$200
INDIVIDUAL ENTRY: \$20
GVBR PARTICIPANTS: FREE

PRIZES // FOOD // MUSIC // GOOD VIBES

REGISTER TODAY VIA THE QR CODE BELOW



ALL PROCEEDS GO TOWARDS STUDENT GREAT VICTORIAN BIKE RIDE FEES



24 HOUR SPINATHON IS THIS FRIDAY!

The spinning starts at 1pm on Friday and will be held at the Swifts Creek Pool under the new shade sails.

Flagstaff and Tambo students will join in the festivities after lunch and the pool will be open for all students during this time while they cheer on the teams spinning, so students please bring your bathers and towels.

From 3:30pm the pool will be open to the public, \$10 entry fee with all proceeds going towards Great Vic Bike Ride student fees.

A complimentary pulled pork roll with salads will be served for dinner between 6 and 7pm. Fruit and snacks will also be provided throughout the event, but please feel free to bring additional food to replace all those calories burnt!

Water, tea, coffee will be provided after dinner and throughout the night.

The pool will remain open to the public until 10pm and then will reopen at 6am on Saturday morning. The spinathon will continue through the night as the kilometres continue to tally up.

All spinathon participants are welcome to stay overnight, the gym will be open for a place to roll out a sleeping bag and get a brief shut eye before the next shift on the bike.

All spinning will conclude at 1pm on Saturday and we would love to have you there to cheer on the final minutes as our riders complete an epic 24 hour challenge!

A list of FAQ are listed below, if you have more questions please feel free to contact Zach Barker via the school reception.

24 Hour Spinathon FAQ:

Q: Is it too late to join a team?

A: No! Come on down and you can sign up for a shift in any open team. There are 2 student teams, a SCP-12 Staff team and a Swifts Creek Community team in addition to 2 private teams. Rosters will be listed on a table by the change rooms and you can fill in a desired time slot (first in best dressed) so get in early if you are picky!

Q: When can I ride?

A: A roster for your team and open teams will be on a table by the change rooms. Just go check when your shift is and then make sure you are ready to replace the person riding before you.

Q: Is there an age limit?

A: No! We encourage everyone to have a go! Please keep in mind that you will need to be tall enough to reach the pedals and shifts on the exercise bike are in 30 minute blocks so as long as you can spin for 30 minutes and have registered on the roster.

Q: What are the prizes?

A: The team that rides the furthest will get their hands on the inaugural Spinathon trophy! There will be 3 individual prizes valued at \$50 (a gift card of choice) for the furthest individual distance in the following categories: Male Open, Female Open and Student.

Q: Will there be food and drinks provided?

A: Yes! But if you plan on being there all night, bringing some extra would certainly be beneficial. We will provide pulled-pork rolls with salad for dinner. There will be fruit and snacks set on a table throughout for self-serve. There is a water tap outside the changerooms for water and there will be a tea and coffee stand for self-service. Midnight pancakes will be served for those still hanging around and in the morning egg and bacon rolls.

Q: Do parents need to supervise?

A: As per water safety and pool guidelines parents are responsible for their own children. It is important that if parents are not there they have organised a responsible guardian, this can be through the school but arrangements must be made prior to the event. Easiest option is to join in on the fun! It's an open event for all to celebrate the wonderful opportunities some of our local students are getting up to! It'd be great to have you there cheering them on!

Q: Can I stay overnight?

A: Absolutely! There will be plenty of space in the gym to pull out a mat to get some shut-eye. Just BYO sleeping bag and pillow!

Q: What if I can't ride for the whole shift?

A: That's okay! See if you can just spin nice and easy to make it to the end of your shift, but if you're done more than likely there will be someone available to hop on and keep going.

Q: Do I have to sign up?

A: No! It is first in best dressed, so the earlier you sign up the more choice you will have for your shifts. There will be a roster for each bike outside the changerooms, when you arrive you can just head over and fill in your name in any empty spot.

Q: How many shifts can I do?

A: As many as you like! Keep in mind it is a team event so unless you have bought a private bike the courteous thing to do would be to ensure everyone gets a go! Having said that, go for your life and help carry your team along the 24hr journey!



PlayConnect Playgroup

Is a weekly facilitated playgroup for children aged 0-6 with Autism Spectrum disorder characteristics or a Developmental Delay.

This group is available to support families, their child and siblings. Your child does not need a diagnosis to attend

Wednesdays, 10.00am - 12.00pm

Uniting Church Bairnsdale
710 Lanes Road
Lucknow

Enquiries to Kirralee : 0409096587

Come along to connect with other families for information on services whilst participating with your child/children in activities specifically suited to children with additional needs.



COMMIT TO REGULAR EXERCISE, IN THE COMFORT OF YOUR OWN HOME,
CONNECTING WITH FRIENDS.

DO YOUR BEST

WITH CINDY MASS

B-BASIC E-EVERYDAY S-STRENGTH & S-STABILITY T-TRAINING



REGISTER your interested to attend with Cindy
ph. 0447 612 314 or cindyannmass@hotmail.com

Swifts Creek Holiday Aquatic Program 2023

The following swimming and water safety program provided by Kemp Aquatics will run at the Swifts Creek Outdoor Pool

Teacher I/C = Sandi Beltrame Sessions 45 minute long From 9.45 am — 12.45pm
PROGRAM : week 1 - Jan 9th — Jan 13th 2023 and week 2—Jan 16th — Jan 20th 2023

This program is for children 4 years +

Each week costs \$60 [this does not include pool entry]. Enrol for 1 week or both weeks!

Enrolment forms available from your School, Kindergarten, Bush Nursing Centre—Swifts Creek or Kemp Aquatics

Enrolments close on Friday December 17th at either Omeo P.S. or Swifts Creek Schools

All enquires please contact: Sandi Beltrame 0412356241
Kemp Aquatics 51411127



ruralhealthconnect.com.au

Rural Recovery Program

Free sessions with a provisional psychologist

Provisional psychologists are psychology students in their final (fifth and sixth) years of study

No mental health treatment plan or referral needed, just book straight in.
Up to 20 sessions via telehealth.
No waiting list.

Available to children, adolescents and adults looking to work on:

- Anxiety
- Low level depression
- Stress
- Grief and loss
- Anger
- Relationships
- Sleep issues

Please go to ruralhealthconnect.com.au and go to the Rural Recovery page and sign up.

We are here to help. Please contact us on 0427 692 377 or info@ruralhealthconnect.com.au.

This project is supported by the Victorian Government.

Rural Health Connect is a social enterprise committed to improving access to mental health services in rural Australia.

Weekly Spin Sessions

	Morning	Evening
Monday	8am	3:45pm 4:30pm
Tuesday	8am	3:45pm 4:30pm
Wednesday	8am	4:30pm
Thursday	8am	3:45pm 4:30pm 5:15pm
Friday	8am	3:45pm 4:30pm

All sessions are 30 minutes and open to the community.
Sessions take place at the Tambo Squash Courts.

Bookings essential.

Book via QR code to confirm your spot.
Bring a towel and water bottle!



PRIDE PICNIC

17TH OF NOVEMBER & 8TH OF DECEMBER

INVITING ALL YOUNG PEOPLE OF
EAST GIPPSLAND AGED 12-25

Come join us for an afternoon filled with fun, free, activities, while enjoying the sunshine, socializing and grabbing a bite to eat

SPIKEBALL
LAWN GAMES

BADGE
MAKING
GIANT
CONNECT
4

FOOD

MUSIC

GIANT
JENGA

COLOURING
IN

SCAN ME FOR
DIRECTIONS



DAVISON
OVAL
NEXT TO SKATE PARK

4:00 -
6:00PM

FREE
EVENT



SOCIAL ULTIMATE FRISBEE

6PM THURSDAYS

NO EXPERIENCE
NECESSARY

15+
ADULT SUPERVISION REQUIRED FOR YOUNGER

ALL WELCOME

GOLD COIN DONATION

SWIFTS CREEK REC RESERVE

- 3RD NOVEMBER
- 10TH NOVEMBER
- 17TH NOVEMBER
- 24TH NOVEMBER

CALL OR TEXT ZACH FOR MORE INFORMATION: 0490 334 741

ALL PROCEEDS GO TOWARDS STUDENT GREAT VIC BIKE RIDE FEES



SWIFTS CREEK P-12 PRESENTS

FITNESS CLASSES

Tuesday 5-6pm
Swifts Creek Hall

ZUMBA | FUNK | JAZZ

October 25th
November 8th & 15th
December 3rd, 6th & 13th

TAUGHT BY
TRACY KENNEDY

Students Grade 6+, parents & community members welcome!

Classes are free!

Please bring runners
& a water bottle



Contact Sophie 0492 945 844 for info

15/11/2022



Westvic Staffing Solutions Jobs Board

Traineeships

- Education Traineeships - South Gippsland & Bass Coast Schools
- Education Traineeships - East Gippsland Schools
- Hospitality Traineeships - San Remo Fisherman's Co-op - Phillip Island
- Education Traineeships - Sale & District Schools



Scan the QR code to
Express your Interest for
a 2023 Apprenticeship
or Traineeship!

To view current positions please visit our website westvic.org.au
or follow our Facebook and Instagram page.

Have you considered a job in the Hospitality & Tourism Sector?

*The program - ran exclusively through Westvic Staffing Solutions
- will see the the successful applicants:*

- Receive 12-months of secure, full time employment.
- Complete a Certificate III in Hospitality, Commercial Cookery or Tourism with full training provided!
- Gain valuable skills and a Nationally Recognised Qualification.
- These positions offer a terrific Gap Year option.

*Receive up
to \$10K
above award
wages!*

Visit our website to apply www.westvic.org.au

Jobs Victoria Advocates Present

**FREE
Online
Event**



VICTORIAN CONCESSIONS

A guide to discounts and services
for eligible households in Victoria

with Vanessa & Kylie
Thursday 24 November
10:30am - 11:30am



Scan the QR code
to register your
spot today!

JOBS VICTORIA



Swifts Creek Memorial Swimming Pool Membership Form: 2022 – 2023 Season

Alternate Emergency Contact Information

*Compulsory

First Name* _____ Surname* _____

Relationship* _____

Phone* (At least one number must be provided)

Home: _____ Work: _____ Mobile: _____

Other (Please circle if any of the following is applicable to listed members)

Swimming Coach Bronze Medallion Holder Other Aquatic Qualification(s)

First Aid Holder Asthmatic Have allergies to note

Non-English Speaking Indigenous Member Swimmer with a disability

Details/Comments: _____

Conditions of pool use:

1. Swimmers are only permitted in the pool when there is a trained Lifeguard on duty.
2. Users of the pool must obey the safety rules and signs around the pool.
3. Users of the pool must obey the directions of the Lifeguard on duty.
4. Users of the pool must not act in a manner that endangers their safety or the safety of others.
5. Users of the pool must leave the facilities in a reasonable condition and place litter in the bin.
6. Any breaches of these conditions may mean removal from the pool.
7. Any child attending the pool younger than 10 years of age must be accompanied by a parent/guardian at all times.
8. Children must be supervised at all times in and around the Pool area.
9. Persons that are drug and/or alcohol affected will not be permitted entry to the Pool.

Signature* (Primary Adult Member) _____ Date: _____

Name of Legal Primary Care Giver (If Primary Member under 18) _____

Signature of Legal Primary Care Giver: _____ Date: _____

Payment of Fees

Make cheques payable to Swifts Creek Memorial Swimming Pool, PO Box 72, Swift's Creek VIC 3896

Direct Credit to BSB: 083519 Account No: 51 600 6956 Reference: Family Name

Paying by Cash. This form and the correct cash amount must be sealed in an envelope and handed to office staff at the Pool.

Email form to: swiftscreekpool@outlook.com

I paid by - cash / direct debit / cheque (please circle method of payment)



Swifts Creek Memorial Swimming Pool Membership Form: 2022 – 2023 Season

Please complete both sides of this form and return as soon as possible to the Pool office.

Please consider your options before selecting the type of membership that suits you best:

- 1) **Family:** Maximum of two *related* adults (18 years +) and as many children (under 18 years) in their direct care as applicable. The adults listed must be the legal primary care giver(s) of the children and at least one adult must agree to the responsibilities of the "Primary Member 1" listed below.
- 2) **Single Season:** An adult (18 years +) or child over ten years of age
- 3) **Single Day Entry:** Apply to all other users of the pool \$5 (5 years +) and \$2 (under 5 years).

Membership Details – Please select one only

<input type="checkbox"/>	Family Season Membership	\$100
<input type="checkbox"/>	Single Season Membership	\$ 55
<input type="checkbox"/>	Family Weekly Membership (Start Date: _____)	\$ 60

Please make a copy of this form before returning it, for your own record. We are unable to post receipts.

Personal Information – Please supply

(*Compulsory)

Primary Member (1):

Surname* _____ First Name* _____

Date of Birth _____

Address* _____ Postcode: _____

Email address _____

Phone Numbers* (At least one needs to be supplied)

Home: _____ Work: _____ Mobile: _____

NB: Please circle the preferred phone number above to be recorded on the community's pool membership register. (This is located at the pool site, for public use in an emergency)

Additional Memberships

Member No	2	3	4	5	6
Surname					
First Name					
Tick box if under 18					
Gender					
Phone #					